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Effect of land rehabilitation measures on soil organic carbon fractions in semi-arid environment

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Soil erosion threatens the sustainable intensification of food systems among smallholder farmers in arid and semi-arid lands (ASALs). Intensifying adoption of soil mitigation and rehabilitation measures is thus needed urgently in these ASALs, but scaling up these measures depends on scientific evidence of their contributions to key components of sustainable intensification such as soil organic carbon. However, there is no information on how existing mitigation and rehabilitation measures influence soil carbon fractions and carbon management indices in ASALs. This study evaluated the influence of soil erosion mitigation and rehabilitation measures on soil carbon fractions and management indices in Arenic Lixisols of semi-arid environments in West Pokot County, Kenya. We evaluated different vegetation types (maize-beans intercrop and pastures) with and without two locally developed terrace designs for soil conservation (Fanya Juu and Fanya Chini). Combining terracing with annual cropping significantly increased total organic carbon (TOC). The highest TOC (13 g C kg $^{-1}$) was recorded in pasturelands with terraces while degraded land with no intervention was found to have the lowest TOC (6.0 g C kg^{-1}). Terraced farms with longer residence time (>4 years old) had significantly higher organic carbon than (<4 years old). Other soil properties remained stable with terrace age (1-5 years). Labile SOC and nonlabile SOC differed significantly within and across vegetation types with or without terraces (p < 0.05). Pasture and crop systems with terraces had high labile SOC content of 5.9 g C kg $^{-1}$ and 7.2 g C kg $^{-1}$, respectively. Labile SOC followed the TOC trend with terrace age, i.e., increasing from 1 year to 5 years old. Combined pasture and terraces had a significantly higher carbon management index (CMI) of 161.7, or 14 times the CMI found in degraded systems with no interventions and 1.5 times the combined crop system with terraces. CMI was also directly correlated with residence time terraces had stayed in the crop system, increasing from 1 year to 5 years old. Contrary to CMI and other indices, the weighted enrichment ratio was found to inversely correlate with age of terrace. Improvement of carbon content and CMI resulted from restorative measures and likely improved soil quality and ecosystem functions. Although terraces play a significant role in the restoration of degraded soils as indicated by the above-mentioned changes, they are most beneficial when used in combination with croplands because of the high level of disturbance and flows of both inputs and outputs of carbon for these croplands.

KEYWORDS

soil carbon fractions, degraded land, terraces, total organic carbon, carbon management index

1. Introduction

Global increases in human populations have increased pressure on natural resources as demand for food, fiber, fuel, pasture, and alternative livelihood intensifies (Ovuka, 2000; Muñoz-Rojas et al., 2020). Most often this induces severe soil erosion, where conservation is not prioritized (Hassen and Bantider, 2020). Soil erosion is more pronounced in sub-humid, semiarid, and arid environments due to their fragile ecosystems as characterized by low vegetation cover, slow growth rate of vegetation recovering from disturbances, highly erodible soils, and resourcepoor smallholder farmers (Valentin et al., 2005; Jinger et al., 2021). Severe soil erosion in these regions compromises their resilience by exacerbating soil, nutrients, and organic carbon losses (Jin et al., 2021), hence accelerating aridification and desertification (Gomez et al., 2003; Avni, 2005).

Soil organic carbon (SOC) plays critical ecosystem functions that control chemical and biophysical processes in the soil (Johnston et al., 2009; Murphy, 2014; Wiesmeier et al., 2019). These functions include: the formation of soil structure, nutrient and water retention, support of soil biodiversity, and control of greenhouse gas emissions (Murphy, 2014; Bradford et al., 2016; Chen et al., 2021). Thus SOC is a key indicator of soil quality (Aravindh et al., 2020; Or et al., 2021), and is vital to sustainable ecosystems. For instance, labile organic carbon fraction, which is a more oxidizable fraction of SOC, has been shown to be sensitive to land management practices (Haynes, 2000; Aravindh et al., 2020), and can be used to assess the occurrence of land degradation or the impact of rehabilitation measures on the restoration (Rui et al., 2011; Ghosh et al., 2016).

With increased soil erosion in the drylands various rehabilitation practices and techniques have been proposed and adopted to restore degraded lands and intensify sustainable food, fodder, fiber, and fuel production (Thondhlana and Muchapondwa, 2014; Muturi, 2016). Some of the prominent land rehabilitation measures embraced by small-holder farmers in the drylands target reduction of surface runoff and protection of topsoil against the raindrop effect (Wolka et al., 2018). This is achieved through terracing and the establishment of vegetation cover such as cover crops and pastures (Mati, 2010; Nyberg et al., 2015; Matere et al., 2016; Saiz et al., 2016; Strassburg et al., 2019).

Adoption and integration of indigenous terraces (Fanya Juu and Fanya Chini) in soil conservation has enabled sustainable farming of high-sloped lands in arid and semi-arid regions (ASALs) of Kenya (Kassie et al., 2009; Wolka et al., 2018), thus making them prominent mechanical soil erosion management practices (SEMPs) (Critchley, 2010; Matere et al., 2016; de Trincheria Gomez et al., 2018). Their contribution to crop yield and soil health is widely recognized, for instance; Saiz et al. (2016) reported that use of Fanya Juu terraces in drylands increases yield by more than 25% and soil organic matter by a third. Fanya Juu and Fanya Chini are often used synergistically and are constructed by digging a ditch along the contours and mounting excavated soil either upslope or downslope, respectively (Mati, 2010; White, 2016; Adimassu et al., 2017) as shown in Figure 2. Besides reducing soil erosion, the dykes accompanying them capture surface runoff and promote slow infiltration after rains (Mati, 2010; Saiz et al., 2016) enabling successful farming in the face of low rainfall.

Despite the benefits associated with integration of Fanya Juu and Fanya Chini terraces in different systems such as cropping and pasture, there exist no documented studies on how these restoration measures contribute to building different soil organic carbon fractions, which are key indicators of restoration progress. Thus, this study sought to evaluate the effect of integrating *Fanya Juu* and *Fanya Chini* terraces with different soil vegetation cover practices on soil carbon fractions and carbon management indices in semi-arid environments managed by smallholders, as a key aspect of sustainable intensification of these smallholder systems.

2. Materials and methods

2.1. Description of the study area

The study was undertaken in Chepareria ward of West Pokot County located between 35° 7' and 35° 27' latitude and $01^{\circ}15'$ and 01° 55' longitude. The area is mainly comprised of plains with altitudinal range of 1,100-1,600 m above sea level surrounded by hills and ridges with elevations of up to 3,000 m as shown in Figure 1. The surrounding hills and ridges collect large amounts of surface run-off that descends at high speeds contributing to extreme soil erosions (Mutio et al., 2021). The area experiences a temperature range between 10°C and 30°C and receives an average of 600 mm of annual precipitation (Nyberg et al., 2015). The location is dominated by four major soil types which are; Lixisols, Leptosols, Cambisols, and Luvisols. Lixisols, Leptosols, and Cambisols have weak structures with a high sand content of more than 65% (Schad et al., 2014). The study was conducted on Arenic Lixisols which is the soil type that dominates the study area selected for testing rehabilitation measures and because of its inherent weak properties that make it highly erodible and with visible signs of erosion over substantial areas in the region (Muturi, 2016), as illustrated in Figure 2.

2.2. Selection of land rehabilitation measure

The study scope was limited to two soil vegetation cover practices widely adopted in the area; maize-bean intercrop and pasture farms. A mechanical measure, primarily locally developed terraces (Fanya Juu and Fanya Chini) are integrated into the practices to arrest and capture surface run-off for soil and water conservation. To evaluate additive influence of vegetation cover practices and terraces, three farms with each practice (Maize-bean intercrop + terraces, and pasture + terraces) were selected as treatments. A similar number of the selected vegetation cover without terraces were also included in the sampling. Three replicate farms were selected based on similar soil fertility management practices over 5 years per each soil conservation measures combination, resulting in a total of 12 farms. In addition, three severely degraded rangeland with no management were also selected as a negative comparative treatment, and finally, to evaluate terrace age on SOC fractions in cropping system, soil samples were taken from the maize-bean intercropped farms that had hosted the terraces for five, four, three, two, and one year as shown in Figure 1. For the determination of Carbon Management (CMI, see Methods below) and related indices, a reference samples were obtained from a shrubland that had not been under cultivation of pasture for more than 15 years. Sampling of reference soil samples followed the same technique used in the selected farms.





Images showing the high erodibility of Arenic Lixisol soils in the study area. **(A)** A range land undergoing degradation. **(B)** A sample section of degraded land with visible rill channels. **(C)** Growing gullies. **(D)** Severely degraded sections with deep and wide gullies.

2.3. Sample design and soil sampling

Soil samples were taken at a depth of 0–30 cm by augering method along three diagonal line transects at 10 m interval resulting in 9 samples per each of the selected farm's horizontal interval (HI). HI is the farmable distance between two terraces as shown in Figure 3, and in each of selected farms had at least three. Collected samples were thoroughly mixed and a composite sample obtained for laboratory analysis. Three intact core samples were also collected for bulk density determination in each of the selected treatment.

2.4. Soil characterization across the selected soil erosion mitigation and rehabilitation measures

Soil texture, pH water (2.5:1), total organic carbon (TOC), total nitrogen, and carbon-to-nitrogen ratio were determined across all the treatments. The soil particle sizes were determined through the hydrometer method (Bouyoucos, 1962), and TOC was determined by the wet ashing method (Walkley and Black, 1934). TOC was converted to soil organic matter by multiplying values by 1.72. Total soil nitrogen (TN) was determined through the Kjeldahl method (Okalebo et al., 2002).

2.5. Physical fractionation and determination of labile and non-labile organic carbon

Granulometric carbon fractions reflecting more stable vs. more labile properties of soil carbon based on particle size were determined using wet sieving (Cambardella and Elliott, 1992; Vieira et al., 2007). Each 20 g sample of air-dried soil was passed through a 2 mm sieve and mixed with 70 ml of sodium hexametaphosphate (HMP) solution. The mixtures were shaken for 16 h on an end-to-end shaker. Mixtures of soil were then passed through 250 μ m sieve and then through a 53 μ m sieve. Carbon in the fraction passing the 53 μ m sieve was defined as non-labile, and that which had a size between 53 μ m and 250 μ m was defined as labile, in accordance with other research developing rapid assessments of such carbon fractions (Cambardella and Elliott, 1992; Vieira et al., 2007; van Wesemael et al., 2019; Ouédraogo et al., 2020). Both soil fractions were oven-dried at 50°C for 48 h. Fractions were ground using a pestle and mortar, and organic



carbon in each fraction was determined by wet ashing method (Walkley and Black, 1934) as per Okalebo et al. (2002).

2.6. Carbon management index

Several CMI related indicators (Vieira et al., 2007) were determined by using an undisturbed shrubland as a reference. This shrubland has been under enclosure for more than 15 years with relatively continuous inputs of organic litter from shrubs and forbs.

2.6.1. Carbon stock

Carbon stocks (CS) for each fraction (TOC, labile SOC, and nonlabile SOC) were calculated following Equation 1 while the CMI calculated using Equation 2 as shown below:

$$Carbon \ stock \ (tha^{-1}) = \frac{Conc \ (gkg^{-1}) \ \times \ \rho_b \ (gcm^{-3}) \ \times \ Depth \ (m)}{10}$$
(1)

Where,

 $\rho_b =$ Soil bulk density (g cm⁻³).

Depth-soil depth = 0.3 m.

The carbon management index (CMI) was determined according to Equation 2 through 5 following (Vieira et al., 2007).

$$CMI = CSI \times LI \times 100 \tag{2}$$

Where;

$$CSI - Carbon Stock Index$$

$$= \frac{Total SOC in LUT system (g C kg^{-1})}{Total SOC in shrubland reference system (g C kg^{-1})} (3)$$
LI Lability index

$$= \frac{Lability\ ratio\ in\ LUT}{Lability\ ratio\ in\ the\ shrubland\ reference\ system}$$
(4)

$$Lability \ ratio = \frac{Labile \ SOC}{Non - labile \ SOC}$$
(5)

A weighted enrichment ratio (WER) was adopted to model the labile SOC change over the years after terrace construction. This was calculated as a ratio to the total organic carbon in the system.

$$WER = \frac{Labile \ SOC}{Total \ SOC^* \ YAC} \tag{6}$$

Where; YAC is years after construction indicating the number of years terrace structures have been functional in a farm from the time of their construction to the time of the experiment.

2.7. Statistical analysis

Data were curated in Excel 2016, and Shapiro-Wilk test of normality conducted on each parameter at p = 0.05. Data that were not normally distributed were subjected to log transformation upon which normality was achieved. Linear mixed models were used to compare the SOC fractions and CMI under different conservation measures. One way analysis of variance (ANOVA) was used to analyze SOC fractions, CMI, and weighted enrichment ratio mean comparisons across the selected time intervals of years after terrace construction in maize-bean intercrop. A Tukey's HSD *post-hoc* test was performed when significant differences between means was detected at p < 0.05. Data analyses were conducted using JMP Version 16.0. All results from transformed variables were back transformed by subjecting them to anti-log before reporting.

3. Results

3.1. Soil physico-chemical properties across selected conservation measures

The soils for the selected management practices were found to have high sand content of more than 70%, hence classified as loamy Sand except for degraded rangeland which was classified

Soil factor	Pasture (T)	Pasture (NT)	Maize-bean (T)	Maize-beans (NT)	Degraded rangeland
pH _{water}	6.05 ± 0.29	6.0 ± 0.07	6.2 ± 0.28	5.92 ± 0.27	5.61 ± 0.24
% Clay	9 ± 3.06	12 ± 4.00	10 ± 2.00	10 ± 2.08	23 ± 4.16
% Silt	9 ± 1.5	9 ± 1.16	9 ± 1.87	10 ± 4	7 ± 2.31
% Sand	82 ± 4.16	79 ± 5.03	81 ± 1.15	80 ± 4.00	70 ± 3.06
Textural class	Loamy sand	Loamy sand	Loamy sand	Loamy sand	Sand clay loam
TOC (g C kg ^{-1})	13.33 ± 1.80	12.9 ± 1.40	11.53 ± 0.61	8.4 ± 0.87	6.23 ± 1.07
$TN (g N kg^{-1})$	1.25 ± 0.04	1.28 ± 0.07	1.28 ± 0.12	1.29 ± 0.05	1.09 ± 0.03
C:N	10.66 ± 1.43	10.08 ± 1.03	9.01 ± 0.97	6.51 ± 0.45	5.72 ± 1.11

TABLE 1 Physico-chemical soil properties across selected soil conservation measures (T-with terrace, NT-without terraces).

Values for each soil factor is represented in form of arithmetic mean \pm standard deviation.



Influence of rehabilitation measures on soil total organic carbon (i), organic matter (ii), labile (iii), and non-labile carbon fractions (iv). Different lower case letters indicate significant difference within the same type of land use between the terraced and un-terraced systems at p = 0.05. Different upper case letters indicate significant difference across different land uses at p = 0.05.

as sand clay loam. TOC and TN were high in lands with soil management practices as compared to degraded rangeland without any management practice. pH of the soil was found to slightly acidic with degraded rangeland having the lowest (5.61), as illustrated in Table 1.

3.2. Effect of land rehabilitation on carbon fractions

Vegetation cover and terracing had a significant effect on total organic carbon, labile carbon, non-labile carbon, and soil organic

matter at p < 0.05 (Figure 4). Pasture significantly increased TOC. On average farms with pasture as a vegetation cover had 13.2 g C kg⁻¹. This was significantly higher than values obtained in degraded land and maize farms of 6.2 and 9.9 g C kg⁻¹, respectively (Figure 4i). Terracing significantly increased TOC by 3.1 g C kg⁻¹ when combined with a maize-bean cover crop. However, it did not significantly increase TOC when combined with pastures as illustrated by Figure 4i. Pastures and maize-bean intercrop were found to significantly improve labile organic fraction by 5.0 and 3.1 g C kg⁻¹, respectively over degraded lands. Similarly, to TOC, terracing significantly increased labile carbon only in croplands by 3.1 g C kg⁻¹ as indicated in Figure 4iii. Non-labile carbon was significantly higher in pastureland than in degraded lands by 2.2 g C kg^{-1} as shown in Figure 4iv. Unlike in other fractions of carbon, terracing reduced significantly the non-labile carbon fractions in pasturelands by 0.9 g C kg⁻¹.

3.3. Effect of age of terraces on carbon fractions

Terrace age had a significant effect on TOC, labile, and non-labile organic carbon fractions. For example, TOC and the labile organic carbon fraction significantly increased over 5 years in terraced maizebean intercrop with increases of 4.6 and 3.0 g C kg⁻¹, respectively over those aged 1 year. For non-labile organic carbon fraction had a fluctuating trend, peaking at 3YAC and dropping after and henceforth with terraces, aged 1 and 2 years had significantly lower as illustrated by Figure 5.

3.4. Influence of rehabilitation practices on carbon stock index, lability index, and carbon management index

The introduction of terraces in pastures and croplands significantly increased all test indices vs. non-terraced land and degraded land, particularly in the case of maize-bean intercropping Terracing in pasture and maize-bean intercrops increased LI by 0.48 and 0.31 over the practices without terraces, respectively. In contrast, the introduction of terraces led to strong significant increase in CSI in maize-bean intercropping but not in pastures, while CMI is reversed being only strongly significantly different for pastures. Combining terrace with vegetation practices were found to significantly increase CMI (p < 0.05) compared to both practices without terraces and the degraded land. For instance, terraces improved CMI four and about three times in pasture and maize-beans intercrops, respectively



TABLE 2 Influence of terrace practice on carbon management index (CMI), lability index (LI), and carbon stock index (CSI) across soil conservation practices.

Land rehabilitation measures	LI	CSI	СМІ
Pastureland + terraces	0.91c	0.77bc	161.69c
Pastureland + no terraces	0.43ab	0.92c	36.59ab
Cropland + terraces	0.70bc	0.75b	96.39bc
Cropland + no terrace	0.39a	0.55a	33.12ab
Degraded rangeland	0.23a	0.41a	11.44a
SED	0.087	0.045	20.28
LSD (5%)	0.194	0.101	45.19
<i>p</i> -value	<0.001	< 0.001	< 0.001

SED, standard error of the difference; LSD, least significant difference; p-value: probability of significance at 95% confidence interval. Similar letters indicate no significant difference in means.

compared to vegetative practices without terraces. Leaving the land degraded without any intervention was found to significantly lower its CMI as illustrated by Table 2.

3.5. Effect of age of terraces on carbon stock index and carbon management index

The lability index in croplands with terraces increased from 1YAC to 5YAC although the increase between 4 YAC and 5 YAC was significantly lower than the difference between 4 YAC and other test years. Similar to LI, the Carbon stock index (CSI) steadily increased from 1 YAC to 5 YAC. The carbon management index followed an increasing trend similar to that of LI. The highest CMI in croplands that had hosted terraces for 5 years was found to be more than triple what was recorded in the 1 year after terrace construction. Contrary to trends of all other indices, the weighted enrichment ratio depicted a dropping trend from 1 to 5 YAC. The former had the highest weighted enrichment ratio of 0.42 compared to the lowest 0.10 recorded in 5 YAC farmlands (Table 3).

4. Discussion

4.1. Soil properties change across vegetation cover practices and years after terrace construction

High sand content of >70% was found in all the soils. This is an inherent characteristic and is the basis on which the soils were sub-classified as Arenic Lixisol (Schad et al., 2014). Contrary to both pasturelands and farmlands, clay content was high in severely degraded rangeland, indicating argic properties of sub-soil as reported in other studies (Schad et al., 2014; Blum et al., 2018). Our study established that erosion in the degraded rangeland was so severe that the A horizon had been partially or wholly washed away. Observed changes in the soil profile instigated by erosion explain the variation of pH among the vegetation cover practices and TABLE 3 Lability index, carbon stock index, carbon management index, and weighted enrichment ratio in cropping system of maize-bean intercrop as influenced by age of terrace (YAC).

YAC	Lability index (LI)	Carbon stock index (CSI)	Carbon management index (CMI)	Weighted enrichment ratio
1YAC	0.37a	0.45a	16.53a	0.42d
2YAC	0.53ab	0.54ab	29.18ab	0.2c
3YAC	0.47ab	0.63bc	29.59ab	0.15b
4YAC	0.89b	0.66bc	61.86b	0.12ab
5YAC	0.82ab	0.75c	62.25b	0.10a
SED	0.19	0.06	16.64	0.01
LSD (5%)	0.45	0.14	38.36	0.03

SED, standard error of the difference; LSD, least significant differences of means calculated at a 5% level of significance. Means with the same letter are not significantly different.

along YAC. Similar findings were reported by Hailu et al. (2012), who found that the use of soil and erosion management practices (SEMPs) in intervening erosion supervenes the rise of pH. According to the authors, Jones (2003) and Dessalegn et al. (2014), uncontrolled erosion causes the removal of basic cations like magnesium and calcium and leaves behind unbalanced acidic cations, resulting in a decline in pH. Low pH in a degraded system lowers the restoration rates and reduces carbon sequestration (Rengel, 2003; Naorem et al., 2022).

Variation of soil TOC, TN, and C:N across the vegetation cover practices, indicated by the findings were attributive to the benefits of the terraces as a conservation measure, particularly in highly disturbed systems like farmlands. Although, on average, the TOC and TN were low compared to results reported by Sainepo et al. (2018), who found an average of 22.6 g C kg⁻¹ in shrublands. TOC and TN also declined with YAC. The terraced farms with 5 YAC had a comparable high TOC than 1 YAC. The buildup of SOC is interplayed by several factors, including rainfall amount and land use management, as reported by Dessalegn et al. (2014).

4.2. Organic carbon fractions change across vegetation cover practices and YAC

Among the three vegetation cover practices, pasturelands were observed to have a stable distribution of organic carbon fractions. However, the terraced pasturelands, on average, recorded high labile SOC content compared to pasturelands without terraces. The findings are in agreement with the results of Kalambukattu et al. (2013) and Shi et al. (2020), who reported that less disturbed vegetation cover practices have less fluctuations in their SOC than any other system. Like shrublands, pasturelands are relatively less disturbed, and their organic matter source is relatively stable throughout the seasons. In addition, the soils of such systems are less eroded because of the trees, shrubs, grass, and litter, which form a natural mulch. This is consistent with, Jourgholami et al. (2019), who found that an increase in surface litter inversely correlates to surface runoff, hence, reducing erosion. In addition, permanent root systems in pastures hold soil in stable aggregates that tend to promote infiltration and reduce erosion (Gyssels et al., 2005).

Farmlands with terraces significantly surpassed those without terraces with more than twice the labile SOC fraction. Non-labile

SOC fraction between farms with and without the two types of indigenous terraces had no significant difference. Labile SOC is the fraction of carbon considered critical to the agriculture system (Zhang et al., 2020), and is also the most affected by either SEMPs or soil erosion. Zhang et al. (2020) indicate further that farming at a slope greater than 10% exacerbates erosion, and increases organic carbon loss, particularly the labile fraction. The complementary effect of *Fanya Juu* and *Fanya Chini* significantly reduces soil erosion as reported by Mati (2010) and Saiz et al. (2016), which simultaneously reduce loss of SOC. However, the benefits and increment in SOC accrues over time, which is why we observed an increase in Labile SOC from 1 YAC to 5 YAC.

4.3. Carbon management index

Terraced systems (pasturelands and farmlands) had higher carbon management index (CMI) than those without terraces. The difference in CMI between maize-bean intercrop systems with and without terrace was higher compared to difference found between pasturelands with and without terraces. CMI also increased with YAC, indicating that time is essential for significant increases or maintenance in carbon stocks as influenced by SEMPs, particularly in degraded systems. The results found by this study are highly comparable to past studies in the similar environments, as reported by Sainepo et al. (2018). Their study established a CMI range of 22-100 in different vegetation cover practices. Similarly, CMI values reported by Tang et al. (2018) from rice plantations indicated a range of 90-184. Weighted enrichment ratio decreased with an increase in YAC, indicating that as more organic matter accumulates on the land, carbon stability continues increasing, balancing between the inflow and outflows, as also reported by Chowdhury et al. (2021).

5. Conclusion

Indigenous *Fanya Juu* and *Fanya Chini* terraces for soil conservation are more beneficial when used in maize-bean intercropped farmland systems. Terraces are labor-intensive and costly to construct and maintain, particularly on a large scale. However, their benefits greatly increase if they are placed in farming systems. The increase of carbon stocks in terraced

farmlands falls on the backdrop of terrace functionality and efficiency. Given that the construction and maintenance of *Fanya Juu* and *Fanya Chini* terraces are expensive, placing them in pasturelands may not result in substantial soil benefits that justify this expense. Placement of the terraces in farmlands, particularly in degraded high terrains, is most beneficial and has more significant impacts on both carbon sequestration and carbon management indices.

Data availability statement

The raw data supporting the conclusions of this article will be made available by the authors, without undue reservation.

Author contributions

JM conceived the study, collected the data, analyzed the data, and wrote the first manuscript draft. SK designed data collection and methodology and reviewed the manuscript. RN reviewed and developed the manuscript. HC conceived the study, wrote, and developed the manuscript. WN sourced for research funds, proof reading, and development of manuscript. BA contributed to manuscript proof reading and development of data collection tools. FW contributed to manuscript proof reading. DM contributed in data collection and proof reading of the manuscript. All authors contributed to the article and approved the submitted version.

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Conflict of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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